hafa (Up in Arms)

Words - Kiran Ahluwalia nent - Rez Abbasi

nfa main rahi na khabar li apni

up hoti thi teri meri tera ratoon mai andheri t ulut gaya sara jahan ahan gum ho gayi thi janai kahan

nai hotin batain baro bar i ab mazhab k<mark>i diwa</mark>ar amasha ba<mark>nya tera n</mark>aam ka hua terai dar pay tha sara jahan

o angry take news of myself

vas chit chat nouragement in dark nights lly the world was upside down st I wonder where

ras ongoing banter between us ere's a wall of religion ade a circus of your name ire world was blocking your doorway Saat (Seven)

Music & Words - Kiran Ahluwalia Arrangement - Rez Abbasi

Reet rivaaj saat arab Rastay tedhay saat arab Apnay apnay sawal ajab oh Anaik jawaab, Anaik jawaab Ghazab gazab oh, ghazab ghazab oh

Meray akaash main behti nadi hai Andheri girayban phulon say saji hai Rastay anaik hai pyar to aaik kai Sabkay sabak hain, Sabkay sabak hain Tu hi tu, tu hi tu

Lobh ko ka<mark>is</mark>ay manau mai Mun ka mandir sajaoon mai Kitabai anaik hai matlab ek hai Sabkay sabak hain, Sabkay sabak hain Tu hi tu, tu hi tu

Seven billion ways of doing things Seven billion winding paths Each with it's own peculiar questions Infinite answers, infinite answers all spectacular

There's a flowing river in my sky
The dark robe is decorated with flowers
Infinite paths have but one love
All lessons are
You only You only You

How should I tame greed
How should I decorate the temple of my heart
Infinite Books have but one meaning
All lessons are
You only You only You

Kuh Hur (Something Else)

Music & Words - Kiran Ahluwalia Arrangement - Rez Abbasi

Kuch aur chahiye Aur kya hai dikhaeeyai Shayad aya nahi Kaise jeena hai sahi

Ehhh hayat mainay tujhe guzarah yuhi Jeena seekha nahi

Charchay sehnay ka dum Aashik honay ka ghum Aab aur dekho na jaey Sabnay khel helay hum ghar laut aye Bebaak hona hai kaisay Awaaz apni sunoo kaisay Aisa kuch to dikhaeeyai Aur kya hai bataceyai

Yahan naya daur Yahan naya daur Yahan naya daur leh aaoo Neyi himmat ko payo

Kuch aur chahiye Aur kya hai dikhaeeyai Shayad aya nahi Kaise jeena hai sahi

Jeena hai to abhi jeeyo Nahi to jeeyo nahi Ehhh hayat mainay tujhe guzarah yuhi Jeena seekha nahi

Basa ho raha hai jo Jee ko phir jagaeeay I need something else show me what else you have I've been doing it all wrong been living this life so badly all along

life - I've passed you just like that didn't learn to live

the courage to tolerate scandals the grief of being a lover I can no longer face everybody played the game, I came home how to be shameless how to hear my voice show me something like this tell me what else you have

a new era a new era bring a new era bring a new courage here

I need something else show me what else you have I've been doing it all wrong been living this life so badly all along

if you're going to live, live now or don't live at all life - I passed you just like that didn't learn to live

it's going stale awaken living again Paina (Night)

Music & Words - Kiran Ahluwalia Arrangement - Rez Abbasi

Tere mun ki raina jagaoon Apni nakaamiyon sai tera dil behlaoon

Ghar ghar phirta jaye Bathe dar par haath phelae Pyar ka bhikari bhook bujhae

Jeena vase to buri bala hai Raat kati hai din kata hai Zindagi kisi tarah kaatni hai

I awaken the night in you I amuse you with my setbacks

wandering house to house on the door step with hand held out the beggar of love feeds his hunger

living is a demon the night was spent the day was spent life has to be somehow spent Thoomo (sway)

Music & Words - Kiran Ahluwalia Arrangement - Rez Abbasi

Choro riwayat choddo sharmana Choro kashakash zulmi zamana Jhoomo kubaku ghoomo kubaku

Humqadam mere Hum piyala bano Mazhaab ki todo dewarain sanam Aaoo idhar kadam kadam Deekho mai laaoo kaisa maza Choolo mujhe ji lo zara Pilo maza ji lo zara

Humqadam mere Hum piyala bano Chabrao na aise aao sanam Bhoologe na meri ƙasam Rangeen anhon ki hoon humjoli Pal bhar sahi khelo holi Khelo holi pal bhar sahi

let go of tradition let go of shyness let go of the tug of war let go of the tyrannical wo sway street to street roam street to street

my fellow traveler be my intoxicated companion break the walls of religion come over step by step you'll see what pleasure I bring touch, live a little drink the pleasure, live a little

my fellow traveler be my intoxicated companion don't wory like this - come my love you won't forget - I promise I'm the one with rainbow sighs even for a moment - colour a little colour a little - even if for a moment

ICIANS

ABBASI: guitars

IS SIMAO: organ, accordion, synth

BROWN: electric bass

IDE DIRENZO: drum kit N MITTA: tabla

K DUGGAN: djembe, hand percussion

ucer: REZ ABBASI

rded at CANTERBURY MUSIC COMPANY in Toronto.

rding Engineer: JEREMY DARBY

nd Recording Engineer: JULIAN DECORTE

ng by ADAM KING & REZ ABBASI

ering Engineer: PETER LETROS

ography: MY HUSBAND

hic Design: ONE GIRL

usic & lyrics by Kiran Ahluwalia except lyrics for We Sinful Women by Kishwar Naheed. rrangements by Rez Abbasi.

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cknowledge the support of the Canada Council for the Arts, which last year invested \$153 million to the arts to Canadians throughout the country.

remercions le Conseil des arts du Canada de son soutien. L'an dernier, le Conseil a investi 153 millions ollars pour mettre de l'art dans la vie des Canadiennes et des Canadiens de tout le pays. We Sinful Women

Music - Kiran Ahluwalia Words - Kishwar Naheed translated by Rukhsana Ahmad Arrangement - Rez Abbasi

Yeh hum gunehegaar aurtai hai Jo ehlay jubaa ki tamkanat say Na robe khaai Na jaan baichain Na sar ihukai

Na haath jodai Yeh hum gunehegaar aurtai hai

Kai jhin kai jismoa ki fasal baichain jo log Vo sarfaras therai Niyabtai intiyaaz therai Vo dawarai ehlay saaz therai Yeh hum gunehegaar aurtai hai

Kay sach ka parcham utha kai nikle To juth sai shahrahai atti mili hai Har ik dehleez pai sozaon ki dastanai rakhi mili hai Jo bol sakti thi vo zabani katti mili hai Yeh hum gunehegaar aurtai hai

Kai ab takub mai raat bhi aaye To ye ankhai nahi bujhaingi Kai ab jo dewar gir chuki hai Use uthani ki zid na karna Yeh hum gunehegaar aurtai hai It is we sinful women
who are not awed by the grandeur of those who wear robes
who don't sell our lives
who don't bow our heads
who don't fold our hands together.

while those who sell the harvests of our bodies become exalted become distinguished become the just princes of the material world. It is we sinful women

who come out raising the banner of truth up against barricades of lies on the highways who find stories of persecution piled on each threshold who find that tongues which could speak have been severed.

It is we sinful women,

It is we sinful women

now, even if the night gives chase these eyes shall not be put out for the wall which has been torn down don't insist now on raising it again. It is we sinful women

Words from the book WE SINFUL WOMEN, A Collection of Contemporary Urdu Feminist Poetry, Music commissioned by The Kathak Ensemble Janaki Patrik

